

Pregnant? You Are Not Alone.

Our team is here to provide confidential, compassionate support and evidence-based guidance every step of the way. ***Below are things to consider when making a pregnancy decision.***

You Have Options

What you decide to do with your pregnancy is completely your choice. It is illegal for anyone to pressure your choice. You can choose:

Parenting

Adoption

Abortion

Pregnancy Confirmation

Your pregnancy is confirmed through both a pregnancy test and an ultrasound. The ultrasound determines the location of your pregnancy, how far along you are, and whether there is a heartbeat (*detecting possible miscarriage*). Confirming your pregnancy is in the uterus (*not ectopic*) is essential before making any decisions.

Blood Type and Rh Factor

Your blood type should be checked to determine if you are Rh-positive (Rh+) or Rh-negative (Rh-). Untreated Rh incompatibility with the fetus can lead to complications in the current or future pregnancies. If you are Rh-, your healthcare provider may recommend RhoGAM treatment to prevent these complications.

Sexually Transmitted Infection (STI) Testing

Testing for STIs is important, and prompt treatment is needed if a test is positive to prevent complications. Our center offers free testing for Chlamydia and Gonorrhea.

Need Resources?

We are here to help you make the best decision for yourself. Call us at **210-614-4124** if you have any questions or need resources to help in your decision. You are not alone.

PREGNANCY
CARE CENTER

