

Pregnancy Timeline- First Trimester

Pregnancy is measured from the first day of the last menstrual period (LMP). Early weeks include preparation for pregnancy before conception occurs.

Weeks 2 & 3

- Conception occurs, and a new human life begins.
- The embryo begins traveling down the fallopian tube. Implantation occurs. A pregnancy test may become positive late this week.

Weeks 4 & 5

- Cells that determine sex are present. Early development of the brain, heart, and spine begins.
- The heart begins beating. Eyes, jaws, nose, and arms begin developing

Weeks 6 & 7

- The embryo is surrounded by a fluid-filled amniotic sac, and the umbilical cord forms. The mouth, lower lip, tongue, esophagus, stomach, and intestines start developing. The liver, gall bladder, pancreas, brain, and trachea are present.
- Kidneys, lungs and wrist joints form.

Weeks 8 & 9

- Ears take shape, brainwave activity begins, collar and jaw bones begin hardening, and tooth formation begins. Hands begin moving and hiccups may occur.
- Ovaries or testes are present. Fingers and toes emerge and separate. Embryo can turn its head and move its hands and feet.

Weeks 10 & 11

- Eyelids are fused, breathing motions begin, eyebrows begin to grow. The embryo floats and rolls over and becomes right or left handed. Embryonic period ends.
- Fetal period begins. The fetus opens and closes its mouth, moves its tongue, sighs, stretches, sucks its thumb, yawns, and begins swallowing amniotic fluid.

Weeks 12 & 13

- Bones are hardening, fingernails and toenails growing, fingerprints develop.
- The nose and lips are fully formed and the fetus makes facial expressions

Need Resources?

We are here to help you make the best decision for yourself. Call us at **210-614-4124** if you have any questions or need resources to help in your decision. You are not alone.

PREGNANCY
CARE CENTER

<https://apps.apple.com/us/app/see-baby-pregnancy-guide/id1022191921>

Learn more about
pregnancy health at:



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